

JUST JOG ROUTE CHALLENGE

ROUTE # R3-2
DISTANCE 3 MILES
PROFILE Flat



3.32 mi.

Activity Type

Running

Name

JJ Challenge R3-2

Description

3m flat

Viewable By:

Everyone

Save

DIRECTIONS

Turn right out of the school gates, left at the end of the lane, onto Church Road.

Follow Church Road onto Beckspool Road around to the traffic lights and left onto the cycle path.

Cross the road at the Bromley Heath lights and run to the first footbridge.

Retrace your steps and run back via Church.