

JUST JOG ROUTE CHALLENGE

ROUTE # R5-3
DISTANCE 5 MILE
PROFILE FLAT



5.33 mi.

Activity Type

Running

Name

JJ Challenge R5-3

Description

Flat

Viewable By:

Everyone

Save

DIRECTIONS

Leave school and run past the church onto Begbrook Park and left towards the roundabout.

At the roundabout turn right, along to the pedestrian crossing in front of the old hospital entrance.

Run along Old Gloucester Road and turn left into Filton Road, run to the end of Filton Road and take a right fork to join the ring road path.

Continue towards the North Entrance of UWE (towards the MOD) and cross at the next traffic lights onto Harry Stoke Road.

Stay on this road through the road and cycle path parts until it joins Hambrook Lane, which you follow across the M32 and then take the next right into Old Gloucester Lane.

Follow this to the end and cross the dual carriageway, follow the road ahead to the old hospital entrance.

Turn right and run to the roundabout and the left and back to school in front of the church.