

JUST JOG ROUTE CHALLENGE

ROUTE # R4-3
DISTANCE 4 MILE
PROFILE



4.13 mi.

Activity Type

Running

Name

JJ Challenge R4-3

Description

Long slow incline

Viewable By:

Everyone

Save

DIRECTIONS

Exit school and run along Church Road, into Beckspool Road, to the end of the road.

Turn left and run along to the pedestrian crossing, cross over, go left and then turn right into Filton Road.

Follow the road round to the left and then take the right turning, going past the cricket club / golf range and the back of the Hilton.

At the end of Filton Road go left and run past the UWE entrance and down Stoke Lane.

At the bottom turn left and run back to school via Begbrook Park and the front of the church.