

JUST JOG ROUTE CHALLENGE

ROUTE # R4-2
DISTANCE 4 MILE
PROFILE Hilly



DIRECTIONS

Exit school, run past the pub, down Pearces Hill, over the bridge and up Frenchay Road.

At the top turn right onto Overndale Road, follow it onto Downend Road, then Fishponds Road and then turn right onto Manor Road at the Porto Lounge.

Follow Manor Road into Blackberry Hill and then Broom Hill until you reach the mini roundabout.

Take the little path on the right and follow it back round onto the Frenchay Park Road, running back to school via Begbrook Park and back in front of the Church.