JUST JOG ROUTE CHALLENGE

ROUTE # R3-5

DISTANCE 3 MILE

PROFILE Very hilly



DIRECTIONS

Exit the school, do a lap of the green and then head to the village hall.

Go down Cleeve Wood Road and up the other side , run past the shops and cross at the traffic lights.

Run up Cleeve Hill, turn right at the traffic lights and run straight to the top of Croomes Hill.

Run down Croomes Hill, straight over onto Frenchay Road, turn left over the bridge and up Pearces Hill.

Run all the way to the end of the road and then turn right and run in front of the old Hospital and turn right back across the common, past the Church and back to school.